



Mission Statement

Hiiye'yu Lelum (House of Friendship) Society provides health, social, recreational, and cultural services to promote individual, family, and community self-reliance.

These services address the needs and aspirations of Aboriginal People and focus on well-being within a cross cultural context.



The Four Pillars Program is for Aboriginal children and youth ages 7-12.

One-on-one and group support available.

For more information and to register:

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children's
HEALTH FOUNDATION
OF VANCOUVER ISLAND



Four Pillars Program

For Aboriginal Children and Youth Ages 7-12

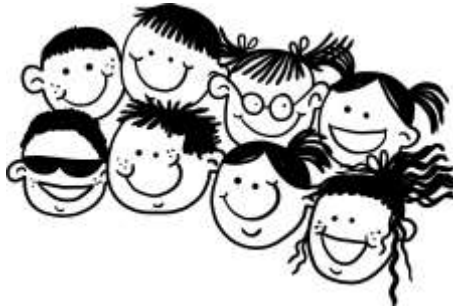


Four Pillars:

1. Child/Youth connected
2. Culture as a strong foundation
3. Health and Wellness
4. Recreation and Play



Participants will be involved in community, recreation, and cultural activities. This may include Canoe Teachings, language instruction, arts, music, games, sports, cooking, connection with elders and time in nature.



Why this program?

Children and Youth will receive support and information to improve their mental, emotional, physical, and spiritual health and wellbeing.

We want participants to feel visible and valued, increasing their self-confidence and sense of belonging.



What We Offer:

One-on-one support

Group activities

Intergenerational events

Referrals to other
community services




it takes a village to raise a child